

Meet the Instructor

Embodied Spirituality: Embracing the Fullness of Life

September 20-23, 2012

Debra Weir is a teacher, spiritual director, and dancer. She began her career teaching dance at the University of California at Berkeley where she studied socio-cultural dimensions of dance with particular interest in the body as symbol and dance in ritual and spiritual practice. She worked closely with others interested in sacred dance and dance in the church trying to marry at times the artistic, prophetic voice with the institutional church by experimenting with dance in worship and other settings. She has taught, performed, and led workshops for churches, conferences and retreats for more than 25 years in the US and abroad. In 1993 Debra and her family decided to embody the gospel in a new way, and volunteered to work with Habitat for Humanity in Sri Lanka and later Thailand. During her ten years in Asia, Debra enjoyed and was challenged by the varied cultural traditions and religious practices throughout Asia, witnessing many of the traditional dance rituals studied in graduate school. Debra's deepening desire to know God led her toward leadership in adult discipleship through her local church in Thailand. She sought spiritual direction there and later formation as a spiritual director through the Diploma in the Art of Spiritual Direction (DASD) at San Francisco Theological Seminary. Debra resides in Atlanta, GA where she offers spiritual direction for groups and individuals, leads workshops and retreats, and teaches InterPlay which uses embodied expressive arts as spiritual practice. Debra is married to Steve Weir who continues to work with global programs for Habitat for Humanity International. They have two grown daughters, a graduate student studying counseling psychology in Charlotte, NC, and a professional theatre director and stage manager in Australia.



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