

Instructors

[Women's Contemplative Retreat](#)

In the Warmth of Love's Flame: Exploring the Sacred Mystery of God's Love

Held at [Sacred Heart Monastery](#) in Cullman, AL

April 30-May 4, 2012

Lalor Cadley has worked as a spiritual director and retreat leader for 25 years. Her columns on the spiritual life have appeared in the Atlanta Journal Constitution. She is founder and director of [Chrysalis Center](#), an organization offering spiritual direction, discernment circles, book studies and retreats. She holds a Master's Degree in Adult Faith Formation from Regis University in Denver, CO and a Certificate in Spiritual Direction from the Spiritual Direction Institute in Houston, TX. Lalor is an Associate of Green Bough House of Prayer, a Benedictine spirituality center in Adrian, GA. She lives in Atlanta and has two sons, one an artist and Montessori teacher, the other an environmentalist.



Sister Kathleen Gallas, OSB has called Sacred Heart her home for over 50 years. As a Benedictine sister, she has lived the life and bears the fruit. Among her many duties, she does spiritual direction, leads retreats, tends the grounds, and cooks for multitudes. Her talk at last year's retreat, on the mystical dimension of the Benedictine life, was one of the highlights of the experience for us all.

[Course Registration & Details](#)

